



Take your taste buds on a journey

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu.

SAMPLE MENU

STREATERIES		LUNCH MENU: TRADITIONAL			A	
WEEK 1 Autumn Winter 2025/26 03/11/25, 24/11/25, 15/12/25, 05/01/26, 26/01/26, 16/02/26, 09/03/26, 30/03/26		SCANDI KITCHEN MON PAN ASIAN TUE HOME STYLE WED AMERICAN Diner THU Chips & More FRI			Aspens	
MAINS		Swedish Style Meatballs in Gravy with Cranberry Jam	Char Siu Roast Pork with Chinese Style Curry Sauce	Roast Chicken & Thyme Toad in the Hole	Aspens Hand Pressed Beef Burger, Caramelised Onion & Mac Sauce	Choose from: Battered Fish Sausage or Veg Sausage Pizza Slice Chicken Nuggets Chips
SIDES		Summerset Apple, Leek & Bean Stew	Chinese Style Vegetable Curry	Veggie Banger Toad in the Hole	Cheese & Onion Burger with Smoky Tomato Relish	Garden Peas or Baked Beans Irish Curry Sauce Chip Shop Gravy
PASTA & NOODLE POTS		Swedish Meatball	Chinese Style Char Sui Chicken in Chinese BBQ Topped Noodles	Best Ever Bolognese	Classic Meatball Pasta	Classic Veggie Chow Mein
DELI HOT		Southern Chicken Strips Wrap	Macaroni Pizza Slice	BBQ Pink Onion Dell Dog	Classic Pepperoni	Cheesy Chips
FILLINGS		Swedish Meatball	Chinese Style Curry Char Siu Pork	BBQ Beans & Pink Onion	Cheese, Beans & Tuna Daily	All The Classics
BIG BOWL SALAD		Avocado Super Green Salad	Avocado Chicken Caesar	Quinoa Superfood Bowl	Grain & Seed Health Bowl	Special Salad
DESSERTS		Chai Spiced Baked Rice Pudding	Lemon Meringue Apple Crumble & Custard	Aspens Toffee Cookies	Apple Tart Tatin & Custard	Brownie Blondie Ripple
Daily Meal Deals Regular Chef's Specials		Freshly Made from Scratch DAILY!	Fresh Cut Fruit & Yogurt Pots Available Daily	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	DELIKITCHEN HOT GRAB & GO	

LET YOUR TASTE BUDS DO THE TRAVELLING

Each month we explore a different destination full of flavour! See where this year's promotions are stopping ...

GERMAN HAUS SEPTEMBER	AUTHENTIC MEXICAN OCTOBER	COCINA ESPAÑA NOVEMBER
ROMAN ROOTS DECEMBER	PAN ASIAN STREET FOOD JANUARY	INcredible INDIA X PLANT POWER FEBRUARY
GREAT BRITISH PIES HOME STYLE MARCH	INcredible INDIA X PLANT POWER APRIL	HACIENDA MEXICANA MAY
SABOR DE PORTUGAL JUNE	AMERICAN DINER JULY	

HOT RIGHT NOW!

FROM YOUR FEED TO YOUR COUNTERS.

DON'T MISS THESE LIMITED TIME OFFERS! POPPING UP ALL THE TIME.

Inspired by the hottest current trends, we're bringing the next food trend to your counters!



STREATERIES

Streateries is our secondary meal offer packed full of mouth-watering flavours from around the world. Designed with variety and choice in mind, the menu is built around daily themes inspired by global street food, giving you the chance to explore flavours, trending cuisines, whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites.

It's a daily journey for the taste buds, right in the school dining hall! Included is our standard street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides, salads and a home bake favourite or warm traditional pudding for dessert.



DELIKITCHEN

Our Deli Kitchen offers students a grab & go option from the best of our classic hot and cold food offer. Packed with variety, flavour, and choice to suit every appetite.

The range includes Authentic Italian hand-stretched pizzas and pasta pots, Hacienda Mexicana burritos, rice bowls, and sides, including Voulez Poulet house rub chicken, dogs and tasty extras all the way through to our fresh deli favourite sandwiches, wraps, paninis, loaded spuds, crisp salads, fruit and chilled dessert pots.



GOOD FOR YOU & GOOD FOR THE PLANET



YES PLEASE,
RECYCLE THESE!

CHECK YOUR LABELS FOR
RECYCLING SYMBOLS AND POP
THEM IN THE RIGHT BIN.



Caring for the planet is something that really matters to us and our customers. We see it in the way students think, speak up, and take action.

Our range of initiatives and messages support the journey to reduce environmental impacts. We're encouraging them to make choices that are good for them and the planet - now and in the future.



ASPENS

FEED YOUR FAMILY FOR £5



SCAN ME

Discover affordable and quick step-by-step videos to start cooking up some delicious recipes!



WATCH YOUR WASTE!

MAKE LANDFILL OR GENERAL
WASTE YOUR LAST CHOICE



HELPING THE PLANET ONE BITE AT A TIME



1 AVERAGE BEEF BURGER has the same climate impact as...



0.4 x 10

Source: Data for the UK provided by the Climate

Change Project

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GOOD FOR THE PLANET

REUSE

POP YOUR REUSABLE
CONTAINER HERE SO THAT
THEY CAN BE WASHED
AND REUSED

MEAL DEAL



At Aspens, we're all about offering **GREAT VALUE** and a **GREAT CHOICE** for students.

With such a variety of options,

YOU'LL ALWAYS FIND SOMETHING TO

ENJOY!



*FREE SCHOOL MEAL ALLOWANCE CAN BE USED TO
BUY A MEAL DEAL.

SUPPORTING BRITISH FARMERS

At Aspens we're proud to support British farmers where we can by serving fresh, seasonal produce with a supply chain that can be traced from field to fork.



Klimato



We are working with Klimato to tackle carbon emissions from food, highlighting the impact of each meal on our menus.

FEEDING BACK

We encourage customers to talk to us to tell us what they think so we can continually improve!

Allergens and Special Diets

We cater for different requirements so that all customers can enjoy a tasty meal with us. For pre-packaged food, our labelling processes have been reviewed to give ingredients and allergen information in accordance with Natasha's Law. We continue to encourage customers to talk to us so we can work together to provide food that is safe to eat.

CONTACT US

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